

<p style="text-align: center;">RED BELT (Must Demonstrate 15-17 and 18-21)</p>	<p>18. Stationary right foot crescent block; high-section right foot side kick.</p> <p>19. Stationary left foot reverse crescent block; right foot mid/high-section double front turning kick.</p> <p>20. Step right; high-section left foot side kick; high-section right foot back kick.</p> <p>21. Step left into left walking stance with right knife-hand block; right mid section side kick.</p>
<p style="text-align: center;">HIGH RED BELT (Must Demonstrate 18-21 and 22-24)</p>	<p>22. Step left into left walking stance with right knife-hand block; right high-section side kick.</p> <p>23. Jump left forward into sitting stance; left palm block; 1-2 punch; grab opponent's right shoulder with your right hand; right foot mid-section front turning kick; right high-section reverse turning kick; right foot sweep; right reverse punch with yell.</p> <p>24. Jump forward left with mid-section right foot front turning kick.</p>
<p style="text-align: center;">RECOMMENDED BLACK BELT (Must Demonstrate 25-34)</p>	<p>25. Stationary crescent block; high-section spin kick. (May use either leg.)</p> <p>26. Stationary crescent block; high-section back kick. (May use either leg.)</p> <p>27. (Opponent punches high.) Drop forward into left walking stance with right high-section inward knife-hand strike combination (in fast sequence); grab opponent's right arm; pull back as you sweep the right leg with your right hand; reverse punch with yell.</p> <p>28. Stationary left reverse crescent block; right ball of the foot turning kick. (In front of face.)</p> <p>29. Dodge left forward into walking stance with right grab to shoulder; right mid-section double front turning kick; high-section ax kick; left reverse punch with yell.</p> <p>30. Jump left into sitting stance with left palm block; 1-2 punch; right grab to shoulder; right mid-section double front turning kick; high-section ax kick; left reverse punch with yell.</p> <p>31. Stationary left reverse crescent block; right mid/high-section double front turning kick; right high-section reverse turning kick.</p> <p>32. (Opponent punches high.) Drop forward into left walking stance with left high-section knife-hand block and right mid-section upset punch combination followed by right high-section inward knife-hand strike combination (in fast sequence); grab opponent's right arm; pull back as you sweep the right leg with your right hand; reverse punch with yell.</p> <p>33. Vertical jumping; right high-section front turning kick.</p> <p>34. Jump right forward into sitting stance; left knife-hand block and right high-section attack (of your choice) combination; right palm strike to face with right foot sweep; right reverse punch with yell.</p>